

We are pleased to provide
**FREE AND
REDUCED
PRICE MEALS**
For all student who qualify.
Applications are available
at your **SCHOOL**

OCTOBER 2017/18

Lunch Menu

****THIS MENU IS SUBJECT TO CHANGE****

Nenana City School is an USDA equal opportunity provider**
Milk -r% or Fat Free or Chocolate with meal



Monday	Tuesday	Wednesday	Thursday	Friday
2) Chicken Alfredo Bread Stick Grilled Broccoli Mixed Fruit Romaine Salad	3) Hot Dogs w/Bun Baked Beans North West Veg Tater Tots Romaine Salad Mixed Fruit	4)Chicken Veg Soup Grilled Cheese Pears / Crackers Grilled Carrots Salad bar	5) Cheese Burgers Potato Wedges/Pears Corn on cob Romaine Salad Cherry tomatoes Lettuce -tomatoes-onions	6) NO SCHOOL
Pancakes Fried Egg Orange wedges 100%Fruit Juice	Skillet Omelet // Apples 100%fruit juice W-Toast or Biscuits	Cold cereal/Toast Grapes 100% Fruit Juice	Wheat bagel/ Yogurt Parfait Banana 100 % fruit Juice	
9) Chicken a la king Romaine Salad Steamed carrots Cherry tomatoes Wheat biscuit Mixed fruit	10) Chicken Fajitas Refried beans Romaine Salad Cherry Tomatoes Peaches	11)Salisbury Steak Mashed Potatoes/Gravy Romaine Salad Green Beans Wheat Roll Peaches	12) Cheese Burgers Potato Wedges/Pears Corn on cob Romaine Salad Cherry tomatoes Lettuce -tomatoes-onions	13)Chicken Nachos Refried Beans Black Bean Salad Romaine Salad Mex Corn Pears
Egg & Sausage Biscuit Orange Slices 100% Fruit Juice	Skillet Omelet // Apples 100%fruit juice W-Toast or Biscuits	Cold cereal/Toast Grapes 100% Fruit Juice	Wheat bagel/ Yogurt Parfait Banana 100 % fruit Juice	Egg Bagel w/Cheese Grapes-Milk 100% Fruit Juice
16) Sloppy Joe Green Beans Broccoli Salad//w/ Bun Peaches Romaine Salad	17)Chili w/Beans Corn Dog Romaine Salad Celery-Carrot-Sticks Pears	18)Green Dragon Bowl Onions-Tomato-lettuce Spanish Rice Corn Mixed fruit	19)Fried Rice Egg Roll Romaine Salad North West Veg Pineapple tid bits	20)Tuna Sandwich Tomato Soup Romaine Salad Fresh Broccoli Peaches
Breakfast Wrap Orange Wedges 100% Fruit Juice	Skillet Omelet // Apples 100%fruit juice W-Toast or Biscuits	Cold cereal/Toast Grapes 100% Fruit Juice	Wheat bagel/ Yogurt Parfait Banana 100 % fruit Juice	Egg Bagel w/Cheese Grapes-Milk 100% Fruit Juice
23)Chicken Nuggets Potato Wedges w/Bread Sticks/Celery Romaine Salad/Carrot Mixed Fruit /Sticks	24)Chicken Fajitas Spanish Rice Romaine Salad Cherry Tomatoes Peaches	25) Cheese Burgers Potato Wedges/Pears Corn on cob Romaine Salad Cherry tomatoes Lettuce -tomatoes-onions	26)Chili W/Beans Corn dog Romaine Salad Cherry Tomato Pineapple tid bits W/bread Stick	27)Mexicali Taco Boat Romaine Salad Garlic Bread Veg Egg Roll Mixed Fruit
Cold cereal/Grapes English muffin 100% Fruit Juice	Skillet Omelet // Apples 100%fruit juice W-Toast or Biscuits	Cold cereal/Toast Grapes 100% Fruit Juice	Wheat bagel/ Yogurt Parfait Banana 100 % fruit Juice	Egg Bagel w/Cheese Grapes-Milk 100% Fruit Juice
30) Sloppy Joes / Green Beans Broccoli Salad Peaches Wheat Bun	31)Chicken Burgers Potato Wedges/Pears Big Dill Pickle Romaine Salad Cherry tomatoes Lettuce -tomatoes-onions Cheese			
Egg & Sausage Biscuit Orange Slices 100% Fruit Juice	Skillet Omelet // Apples 100%fruit juice W-Toast or Biscuits			